## 2025 Summer Calendar—Northfield classes and open practices



## 19 14 15 16 17 13 8:20 am Form Class 7:00 pm Qigong 7:00 pm Form Class 6:30 pm Sword 7:00 pm Advanced 9:30 am Gentle 9:30 am Qigong 20 21 22 23 24 25 26 28

7:00 pm Qigong 7:00 pm Form Class July 2025

6:30 pm Sword

6:30 pm Sword

7:00 pm Advanced

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7:00 pm Advanced

NO classes per NTX

8:20 am Form Class

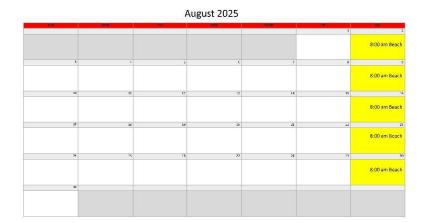
9:30 am Gentle

9:30 am Qigong

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## Summer Classes in Northfield

| Mondays    | Qigong            | 7:00 p.m. |
|------------|-------------------|-----------|
|            | Taiji Form        | 7:00 p.m. |
| Wednesdays | Sword             | 6:30 p.m. |
|            | Advanced Form     | 7:00 p.m. |
| Saturday   | Taiji Form        | 8:20 a.m. |
|            | Gentle Taiji Form | 9:30 a.m. |
|            | Qigong            | 9:30 a.m. |



In August we plan to host Open Practices for students, 8:00 a.m. on the bluff overlooking Glencoe Beach, Glencoe, IL