

# 2025 Summer Calendar—Northfield classes and open practices

June 2025

SUN	MON	TUE	WED	THURS	FRI	SAT
1	2	3	4	5	6	7 8:20 am Form Class 9:30 am Gentle 9:30 am Qigong
8	9 7:00 pm Qigong 7:00 pm Form Class	10	11 6:30 pm Sword 7:00 pm Advanced	12	13	14 8:20 am Form Class 9:30 am Gentle 9:30 am Qigong
15	16 7:00 pm Qigong 7:00 pm Form Class	17	18 6:30 pm Sword 7:00 pm Advanced	19	20	21 8:20 am Form Class 9:30 am Gentle 9:30 am Qigong
22	23 7:00 pm Qigong 7:00 pm Form Class	24	25 6:30 pm Sword 7:00 pm Advanced	26	27	28 8:20 am Form Class 9:30 am Gentle 9:30 am Qigong
29	30 7:00 pm Qigong 7:00 pm Form Class					

July 2025

SUN	MON	TUE	WED	THURS	FRI	SAT
		1	2 6:30 pm Sword 7:00 pm Advanced	3	4	5 NO classes per NTX
6	7 7:00 pm Qigong 7:00 pm Form Class	8	9 6:30 pm Sword 7:00 pm Advanced	10	11	12 8:20 am Form Class 9:30 am Gentle 9:30 am Qigong
13	14 7:00 pm Qigong 7:00 pm Form Class	15	16 6:30 pm Sword 7:00 pm Advanced	17	18	19 8:20 am Form Class 9:30 am Gentle 9:30 am Qigong
20	21	22	23	24	25	26
27	28	29	30	31		

## Summer Classes in Northfield

Mondays	Qigong	7:00 p.m.
	Taiji Form	7:00 p.m.
Wednesdays	Sword	6:30 p.m.
	Advanced Form	7:00 p.m.
Saturday	Taiji Form	8:20 a.m.
	Gentle Taiji Form	9:30 a.m.
	Qigong	9:30 a.m.

August 2025

SUN	MON	TUE	WED	THURS	FRI	SAT
						1 8:00 am Beach
3	4	5	6	7	8	9 8:00 am Beach
10	11	12	13	14	15	16 8:00 am Beach
17	18	19	20	21	22	23 8:00 am Beach
24	25	26	27	28	29	30 8:00 am Beach
31						

In August we plan to host Open Practices for students, 8:00 a.m. on the bluff overlooking Glencoe Beach, Glencoe, IL