

# 2023 Fall Classes in Northfield

## September 2023

SUN	MON	TUE	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
	Labor Day					
10	11	12	13	14	15	16
	7:00 pm Qigong 7:00 pm Form Class					Rosh Hashanah
17	18	19	20	21	22	23
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
24	25	26	27	28	29	30
	Yom Kippur		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle

## October 2023

SUN	MON	TUE	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
8	9	10	11	12	13	14
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
15	16	17	18	19	20	21
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
22	23	24	25	26	27	28
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
29	30	31				
	7:00 pm Qigong 7:00 pm Form Class					

## November 2023

SUN	MON	TUE	WED	THURS	FRI	SAT
			1	2	3	4
			6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
5	6	7	8	9	10	11
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
12	13	14	15	16	17	18
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
19	20	21	22	23	24	25
				Thanksgiving		
26	27	28	29	30		
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			

## December 2023

SUN	MON	TUE	WED	THURS	FRI	SAT
					1	2
						8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
3	4	5	6	7	8	9
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
10	11	12	13	14	15	16
	7:00 pm Qigong 7:00 pm Form Class		6:50 pm Advanced 8:00 pm Advanced+			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
17	18	19	20	21	22	23
	7:00 p.m. Holiday Party					
24	25	26	27	28	29	30
31						