

# 2023 Summer Taiji Quan and Qigong Calendar

## June 2023

SUN	MON	TUE	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
	7:00 pm Qigong 7:00 pm Form Class					
11	12	13	14	15	16	17
	7:00 pm Qigong 7:00 pm Form Class		7:30 pm Advanced			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
18	19	20	21	22	23	24
	<b>Juneteenth No Classes</b>		7:30 pm Advanced			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
25	26	27	28	29	30	
	7:00 pm Qigong 7:00 pm Form Class		7:30 pm Advanced			

## July 2023

SUN	MON	TUE	WED	THURS	FRI	SAT
						1
						8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
2	3	4	5	6	7	8
	<b>No School</b>	<b>July 4 No School</b>	7:30 pm Advanced			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
9	10	11	12	13	14	15
	7:00 pm Qigong 7:00 pm Form Class		7:30 pm Advanced			8:20 am Form Class 9:30 am Qigong 9:30 am Gentle
16	17	18	19	20	21	22
	7:00 pm Qigong 7:00 pm Form Class					
23	24	25	26	27	28	29
30	31					