

2022 Summer Qigong and Tai Chi Classes in Northfield

June 2022

SUN	MON	TUE	WED	THU	FRI	SAT
5	6 7:00 pm Qigong 7:00 pm Form 1 & 2	7	8 7:00 Sword 7:30 pm Advanced	9	10	11 8:20 am Form 1 & 2 9:30 am Gentle TCC 9:30 am Qigong
12	13 7:00 pm Qigong 7:00 pm Form 1 & 2	14	15 7:00 pm Sword 7:30 pm Advanced	16	17	18 8:20 am Form 1 & 2 9:30 am Gentle TCC 9:30 am Qigong
19	20 7:00 pm Qigong 7:00 pm Form 1 & 2	21	22 7:00 pm Sword 7:30 pm Advanced	23	24	25 8:20 am Form 1 & 2 9:30 am Gentle TCC 9:30 am Qigong
26	27 7:00 pm Qigong 7:00 pm Form 1 & 2	28	29 7:00 pm Sword 7:30 pm Advanced	30		

July 2022

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 8:20 am Form 1 & 2 9:30 am Gentle TCC 9:30 am Qigong
3	4 July 4 th Holiday No Classes	5	6 7:00 pm Sword 7:30 pm Advanced	7	8	9 8:20 am Form 1 & 2 9:30 am Gentle TCC 9:30 am Qigong
10	11 7:00 pm Qigong 7:00 pm Form 1 & 2	12	13 7:00 pm Sword 7:30 pm Advanced	14	15	16 8:20 am Form 1 & 2 9:30 am Gentle TCC 9:30 am Qigong
17	18 7:00 pm Qigong 7:00 pm Form 1 & 2	19	20	21	22	23
24	25	26	27	28	29	30
31						

August 2022

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 8:00 am Open Practice
7	8	9	10	11	12	13 8:00 am Open Practice
14	15	16	17	18	19	20 8:00 am Open Practice
21	22	23	24	25	26	27 8:00 am Open Practice
28	29	30	31			