

2022 Northfield Classes-Winter/Spring Session

January 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						No Classes
2	3 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	4	5 6:50 pm Advanced 8:00 pm Advanced+	6	7	8 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
9	10 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	11	12 6:50 pm Advanced 8:00 pm Advanced+	13	14	15 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
16	17	18	No Classes	19	20	21
22	23	24	No Classes	25	26	27
30	31 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	February 1	2 6:50 pm Advanced 8:00 pm Advanced+	3	4	5 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle

February 2022

SUN	MON	TUE	WED	THU	FRI	SAT
Jan 30	31 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	1	2 6:50 pm Advanced 8:00 pm Advanced+	3	4	5 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
6	7 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	8	9 6:50 pm Advanced 8:00 pm Advanced+	10	11	12 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
13	14 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	15	16 6:50 pm Advanced 8:00 pm Advanced+	17	18	19 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
20	21 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	22	23 6:50 pm Advanced 8:00 pm Advanced+	24	25	26 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
27	28 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2					

March 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 6:50 pm Advanced 8:00 pm Advanced+	3	4	5 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
6	7 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	8	9 6:50 pm Advanced 8:00 pm Advanced+	10	11	12 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
13	14 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	15	16 6:50 pm Advanced 8:00 pm Advanced+	17	18	19 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
20	21 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	22	23 6:50 pm Advanced 8:00 pm Advanced+	24	25	26 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
27	28	29	No Classes	30	31	

2022 Northfield Classes-Winter/Spring Session

April 2022

SUN	MON	TUE	WED	THU	FRI	SAT
March 27	28	29	30	31		
No Classes						
3	4 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	5	6 6:50 pm Advanced 8:00 pm Advanced+	7	8	9 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
10	11 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	12	13 6:50 pm Advanced 8:00 pm Advanced+	14	15	16 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
17	18 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	19	20 6:50 pm Advanced 8:00 pm Advanced+	21	22	23 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
24	25 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	26	27 6:50 pm Advanced 8:00 pm Advanced+	28	29	30 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle

May 2022

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	3	4 6:50 pm Advanced 8:00 pm Advanced+	5	6	7 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
8	9 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	10	11 6:50 pm Advanced 8:00 pm Advanced+	12	13	14 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
15	16 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	17	18 6:50 pm Advanced 8:00 pm Advanced+	19	20	21 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
22	23	24	25	26	27	28
No Classes						
29	30	31	June 1	2	3	4
No Classes						