

September 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	14	15 7:00 pm Advanced 8:00 pm Advanced+	16	17	18 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
19	20 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	21	22 7:00 pm Advanced 8:00 pm Advanced+	23	24	25 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
26	27 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	28	29 7:00 pm Advanced 8:00 pm Advanced+	30		

October 2021

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
3	4 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	5	6 7:00 pm Advanced 8:00 pm Advanced+	7	8	9 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
10	11	12	13	14	15	16
← NO Classes →						
17	18 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	19	20 7:00 pm Advanced 8:00 pm Advanced+	21	22	23 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
24	25 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	26	27 7:00 pm Advanced 8:00 pm Advanced+	28	29	30 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle

November 2021

SUN	MON	TUE	WED	THU	FRI	SAT
	1 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	2	3 7:00 pm Advanced 8:00 pm Advanced+	4	5	6 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
7	8 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	9	10 7:00 pm Advanced 8:00 pm Advanced+	11	12	13 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
14	15 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	16	17 7:00 pm Advanced 8:00 pm Advanced+	18	19	20 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
21	22	23	24	25	26	27
28	29 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	30				

December 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1 7:00 pm Advanced 8:00 pm Advanced+	2	3	4 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
5	6 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	7	8 7:00 pm Advanced 8:00 pm Advanced+	9	10	11 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
12	13 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	14	15 7:00 pm Advanced 8:00 pm Advanced+	16	17	18 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
19	20	21	22	23	24	25
26	27	28	29	30	31	

January 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						1 No Classes
2	3 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	4	5 7:00 pm Advanced 8:00 pm Advanced+	6	7	8 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
9	10 7:00 pm Qigong 7:00 pm Form 1 7:00 pm Form 2	11	12 7:00 pm Advanced 8:00 pm Advanced+	13	14	15 8:20 am Form 1 8:20 am Form 2 9:30 am Qigong 9:30 am Gentle
16	17	18	19	20	21	22
23	24	25	26	27	28	29
31	31	February 1	2	3	4	5